

# BETTER PRAYER

## TIPS FOR YOUR GROUPS PRAYER TIME

IF YOUR GROUP IS HAVING A DIFFICULT TIME COMING TOGETHER AS A GROUP, IMPROVING YOUR PRAYER TIME MAY BE THE ANSWER. KEEPING A FRESH AND REAL PRAYER TIME CAN BE SO IMPORTANT TO THE HEALTH OF ANY GROUP.

### WE'VE GATHERED SOME TIPS FROM OTHER GROUPS AND RESOURCES

- **MODEL IT.** Keep the prayer time honest, authentic, simple, direct, and Spirit-led.
- **KEEP IT SAFE.** As the leader, you must respect the intimacy level of the group. Clearly identify the opening of the prayer time, and the closing of the prayer time.
- **GUIDE IT.** As the leader, set the tone for the prayer time. Encourage your group members to share; be prepared to share yourself. Give guidelines for the prayer time if necessary.
- **MAKE IT CREATIVE.** Here are some examples of creative prayer times: pray a Psalms out loud over your group, have each person “pray for the person on their left,” or use index cards to list out prayers and then exchange cards with other group members.
- **PRAY SCRIPTURE.** Do a little homework for your prayer time. Find some scriptures to pray over your group based on the discussion topic. If the topic is focused on forgiveness, find some related scriptures that can be prayed over the group related to forgiveness.
- **PRAYERS OF THANKSGIVING.** Require everyone to say a one-sentence prayer that begins with the wording, “Father God, thank you for \_\_\_\_\_.”
- **LAY HANDS ON GROUP MEMBERS WHEN FEEL LED.** As the leader, you set the tone. When a group member is going through a difficult time, put them in the middle of the group, and lay hands on them and pray for their specific need.
- **DOCUMENT IT.** Keep a record of the prayer requests submitted by your group members. By keeping a record, it will be easier for you to follow up on the requests submitted by your group members.